

# Gorakhpur Mahotsav-2020

## “AGRIMA”

### Women’s Event Guideline

VENUE – ARTS FACULTY

TIME – 01:00 pm onwards

DAY ONE - 11th JANUARY 2020

#### 1. Fitness Competition

- ❖ Event Task : Plank/Sit-ups/Squats/Surya Namaskar
- ❖ Age : 18 years & above
- ❖ Time : 2 minutes
- ❖ Judgment will be based on timing and repetition of the task attempted.
- ❖ All the participants have to be in sports-wear or tracksuit.
- ❖ Decision of judges will be final and binding.

**Contact Person:** Nikita Kanaujiya                      7860266666  
Apaneet Gupta    7379222290

#### 2. Fashion Cum Talent Competition {Solo Event}

- ❖ Age : 18 years & above
- ❖ Time : 4 Minutes
- ❖ Participants must bring their music, props etc.
- ❖ Participants must keep the time limit in consideration.
- ❖ Participants must bring their own materials.
- ❖ Performance will be judged on,
  - Ramp Walk and Introduction by Participant
  - Talent Show – Any talent like singing, dancing, mimicry, comedy etc .
  - Question & Answer
- ❖ Decision of judges will be final and binding.

**Contact Person:** KavitaTripathi                      9935222644  
Vandana Das    9695129695

### 3. Flower Arrangement Competition {Solo Event}

- ❖ Age : 18 years & above
- ❖ Time limit : 1 hours
- ❖ Arrangements are to be made from fresh flowers and plants.
- ❖ Participants must bring their own flowers, containers and other accessories required by them.
- ❖ Participants must complete the competition by themselves without assistance of third party.
- ❖ Participants will be judged on Creativity, Concept, Colour, Scale and Proportion and overall appearance.

**Contact Person:** Smita Agrawal                      9889691756  
Charu Chaudhary                                      9336837172

## DAY TWO - 12th JANUARY 2020

### 4. Solo Singing Competition

- ❖ Age : 18 years & above
- ❖ Time limit : 3-4 Minutes
- ❖ Participants should memorize the lyrics of song and are not allowed to read from paper or any electronic device.
- ❖ Participants must bring their own instrument or instrumental music, if required for performance.
- ❖ Participants will be judged on the basis of pitch, clarity, strength, rhythm.
- ❖ Decision of judges will be final and binding

**Contact Person:** Shalini Srivastava                      9559531044  
Preeti Tripathi    7379771372

### 5. Group Dance Competition

- ❖ Theme : Folk/Bollywood/Fusion
- ❖ Age : 18 years & above
- ❖ Time limit : 4-5 Minutes
- ❖ 2 to 8 member is allowed in a group.
- ❖ Choice of songs is open to participants.
- ❖ Participants are requested to bring their own music (song) in pen drive.
- ❖ Participants will be judged on the basis of their Rhythm, Formation, Costumes, Expressions, Make-up, Synchronization and over all effects.
- ❖ Decision of judges will be final and binding

**Contact Person:** KavitaTripathi                      9935222644  
Vandana Das    9695129695

## **6. Rasgulla Khao Competition{ Solo Event}**

- ❖ Age : 18 years & above
- ❖ Time limit : 1 Minute
- ❖ First 50 online entries will be allowed for competition
- ❖ Rasgullas are to be eaten with syrup, squeezing syrup from rasgullas will not be allowed.
- ❖ Participant eating the maximum no. of rasgulla will be the winner.
- ❖ Water will not be given in between the rasgulla eating.
- ❖ Decision of judges will be final and binding

**Contact Person:** Madhu Sarraf                      9984030999  
Pavee Malhotra    9415321402

## **Members Women's Event Cell**

# Gorakhpur Mahotsav-2020

## Women's Event - Application Form

Event Type      Individual       Group

Event Name .....  
Group Name .....  
Participant Name .....  
S/W/D of .....  
Participant's DOB .....  
Gender .....  
Mobile No. ....  
Email Id .....  
Address .....

Note: Please read event guideline before filling Application Form.

Application form Send to Email: [gorakhpurmahotsav2018@gmail.com](mailto:gorakhpurmahotsav2018@gmail.com) after filing.